

Points

1

2

3

4

Warm up	Students did not teach a warm up	Students started with a warm up and included it on their lesson plan	Students were creative to think of a great way to warm up	Students included their creative warm up on their lesson plan and applied to their lesson.
Lesson Plan	Students didn't have anything to turn in and didn't put the effort of making a fun, creative lesson for their classmates	Each students participated in making this lesson fun and interesting to the class	The lesson was 25 minutes long and was age appropriate for their classmates	The lesson was 25 minutes long; they had a sheet to turn in. Both students taught and it was creative and skill appropriate for the whole class
Cool Down	Students did not include a cool down	Students did not include a cool down or did not plan enough time to complete their cool down	Students included a cool down to slow down classmates heart rate before exiting class	Students included a cool-down and explained to the their classmates why it was appropriate
Assessment	Students did not include an assessment	Students explained what their assessment was	Students included an assessment in their lesson plan	Students went above and beyond their assessment expectations and it was included in their lesson.